

COURSES

PSYCHOLOGY

PSY-150 General Psychology

Lec 3 Lab 0 Clinic 0 Credit 3

This course provides an overview of the scientific study of human behavior. Topics include history, methodology, biopsychology, sensation, perception, learning, motivation, cognition, abnormal behavior, personality theory, social psychology, and other relevant topics. Upon completion, students should be able to demonstrate a basic knowledge of the science of psychology.

Co-Requisites: None

Pre-Requisites: None

PSY-211 Psychology of Adjustment

Lec 3 Lab 0 Clinic 0 Credit 3

This course introduces the study of the adjustment process focusing on contemporary challenges individuals must deal with in everyday life. Topics include theories of behavior, career choices, self-understanding, coping mechanisms, human relationships, intimacy, sociocultural factors influencing healthy personal adjustment, and other related topics. Upon completion, students should be able to demonstrate an awareness of the processes of adjustment.

Co-Requisites: None

Pre-Requisites: PSY-150

PSY-237 Social Psychology

Lec 3 Lab 0 Clinic 0 Credit 3

This course introduces the study of individual behavior within social contexts. Topics include affiliation, attitude formation and change, conformity, altruism, aggression, attribution, interpersonal attraction, and group behavior. Upon completion, students should be able to demonstrate an understanding of the basic principles of social influences on behavior.

Co-Requisites: None

Pre-Requisites: One: PSY-150 or SOC-210

PSY-241 Developmental Psychology

Lec 3 Lab 0 Clinic 0 Credit 3

This course is a study of human growth and development. Emphasis is placed on major theories and perspectives as they relate to the physical, cognitive, and psychosocial aspects of development from conception to death. Upon completion, students should be able to demonstrate knowledge of development across the life span.

Co-Requisites: None

Pre-Requisites: PSY-150

PSY-243 Child Psychology

Lec 3 Lab 0 Clinic 0 Credit 3

This course provides an overview of physical, cognitive, and psychosocial development from conception through adolescence. Topics include theories and research, interaction of biological and environmental factors, language development, learning and cognitive processes, social relations, and moral development. Upon completion, students should be able to identify typical and atypical childhood behavior patterns as well as appropriate strategies for interacting with children.

Co-Requisites: None

Pre-Requisites: PSY-150

PSY-275 Health Psychology

Lec 3 Lab 0 Clinic 0 Credit 3

This course covers the biopsychosocial dynamics of stress and the maintenance of good health. Topics include enhancing health and well-being, stress management, lifestyle choices and attitudes, the mind-body relationship, nutrition, exercise, and fitness. Upon completion, students should be able to demonstrate an understanding of the psychological factors related to health and well-being.

Co-Requisites: None

Pre-Requisites: PSY-150

PSY-281 Abnormal Psychology

Lec 3 Lab 0 Clinic 0 Credit 3

This course provides an examination of the various psychological disorders, as well as theoretical, clinical, and experimental perspectives of the study of psychopathology. Emphasis is placed on terminology, classification, etiology, assessment, and treatment of the major disorders. Upon completion, students should be able to distinguish between normal and abnormal behavior patterns as well as demonstrate knowledge of etiology, symptoms, and therapeutic techniques.

Co-Requisites: None

Pre-Requisites: PSY-150